

Natasha Frid (Finlay)

Perfectionnement, Benesh Movement Notation,
CBMN The Benesh Institute,
AISTD Classical Ballet

21 Allen Av, Toronto ON M4M 1T5
647-345-2654 / n.e.a.frid@gmail.com

Dance Notation

Thank you for all of your highly detailed and deeply sensitive work. – Peggy Baker

Notator and Rehearsal Coordinator Compagnie Marie Chouinard: 2011 - present

- Generating choreographic documentation packages, including: planning, content supervision, video editing, establishing sheet music cues and written notation. Repertoire is then copyrighted, marketed and used to teach and preserve choreographic legacy.
- Bilingual liaison between Marie Chouinard and the company's artistic staff.
- Managing company rehearsals, training sessions and repertoire sold to outside companies.
- Collaborating with the artistic, production and administrative team for performances, residencies and international tours.

Peggy Baker Dance Projects: March 2009 - present

- Notating Peggy Baker's pieces **Brute**, **Unfold**, **Yang**, **Sanctum**, **In a Landscape** and **Brahms Waltzes** for The Choreographer's Trust transmission project, and **Why the Brook Wept**.
- Creation of project blog: <http://thechoreographerstrust.wordpress.com>.
- Assisting Peggy Baker in rehearsals, coaching sessions and documentation filming.

Fortier Danse-Création: June 2011 - Oct 2011

- Notating Paul-André Fortier's work **Solo 30x30** for multi-media documentation project.
- Notation excerpts included in the book *Solo 30x30* (Galerie de l'Uqam / Fortier Danse-Création, 2011).

Ipsita Nova Dance Projects: 2011 - present

- Notating movement material generated in Nova Bhattacharya's creation lab with contemporary and Bharatanatyam dancers. Dramaturge for showcase presentations.

Danny Grossman Dance Company: 2007 - 2008

- Notating Danny Grossman's **Higher** and excerpts of **Nobody's Business** as part of the company's Preservation Project of teaching and licensing choreographic works.
- Contributing to the scripting of the instructional DVD accompanying the notation score.
- French spokesperson of the company for CBC/Radio-Canada and CBC Television interviews.
- Co-hosting post-show seminar on dance notation and its use in documenting choreography.

Les Grands Ballets Canadiens de Montréal: April - June 2007

- Notating excerpts of Mauro Bigonzetti's new creation **Les Quatre Saisons de Vivaldi** as part of a Masters project for *Le conservatoire de Paris*.
- Assisting Mauro Bigonzetti in rehearsal with music, choreographic documentation and scheduling.

Outreach and Education

I am impressed by Ms. Frid's performance ... Her presentation was reflective and insightful. She showed excellent capacity to communicate in an interesting, delightful and engaging manner ... I hope that we will have the good fortune of hearing her again and often. She is one of your very best.
- Professor Dr. John C. Robertson, Patron of The National Ballet of Canada

Dance Educator - The National Ballet of Canada: 2011 - present

- Giving ballet talks to over 8,000 patrons prior to performances of The National Ballet of Canada in the lobby amphitheatre, donor lounge and on stage.
 - Guest writer for the 2012-13 season brochure and company blog.
 - Host of Ballet Talk Preview Videos available online one week prior to each performance.
- (continued)

Tutor - Royal Academy of Dance Canada, Certificate of Ballet Teaching Studies: 2008 – present

- Guiding 100+ dance professionals across North America in the establishment and development of their business as classical ballet teachers/studio owners, drawing upon current dance culture and trends.

Outreach Coordinator - Andrea Nann Dreamwalker Dance Company: 2010 – present

- Coordinating multi-disciplinary arts workshops for schools and professional artists across Ontario.
- Designing promotional flyers and website content, video editing marketing materials.

Marketing and Education Coordinator - Dance Collection Danse (DCD): 2009 – 2012

- Creating, promoting and leading bilingual Canadian repertoire and notation workshops for dance studios and high schools across Ontario, using archival materials such as dance notation scores and videos.
- Event planning (book launches, exhibit openings, Culture Days, teacher conferences, fundraisers).
- Selling workshops, gallery tours, books and DVDs, writing press releases.
- Design and management of company social media accounts (Facebook, Twitter, electronic newsletter).

Education and Outreach Coordinator - DanceWorks: 2009 – 2011

- Selling performance tickets and dance workshops to over 35 schools in the Greater Toronto Area.
- Hosting artist Q&As on stage and student matinee performances.
- Writing teacher guides for performances, designing 'trading cards' of dancer and crew profiles.
- Interviewing choreographer, dancers and designers on film; editing footage for online promotional use.

Rehearsal Director – Ballet Jörgen’s ‘Group of Seven Nutcracker’: 2009

- Auditioning over 100 youth and teaching choreography to casts across Ontario; conducting rehearsals with local rehearsal director, youth cast and Ballet Jörgen, as well as organizing youth chaperones and program credits for performances at each location.

Artistic Administration

Assistant to choreographer Peter Quanz and Q Dance: 2011

- Creating shared tour calendar, contact database and fileserver.
- Writing contracts for dancers, designing show programmes and assembling necessary credits.

Assistant to choreographer Sylvie Bouchard and Bouchardanse: 2009 - 2010

- Coordinating national tours: accommodation, transportation, insurance coverage, production requirements.
- Writing contracts for dancers, actors and choreographers. Creating contact database and fileserver.
- Designing press kit of choreographic works, company business cards, company logo, performance posters and company website.
- Editing written correspondence, publicity material and grant applications, translating material from French to English.

Professional Affiliations

Past Board Chair, *The Dance Current*
 Juror for the 2011 *Dora Mavor Moore Awards* (Dance section)
 Member: *Canadian Alliance of Dance Artists / Canadian Dance Assembly / Canadian Society for Dance Studies*

Training

- 2013 **Final Cut Pro X**, video editing
L'institut national de l'image et du son, Montreal, Canada
- 2008 **Perfectionnement**, Benesh Movement Notation
Conservatoire national supérieur de musique et de danse de Paris, France
- 2003 **Associate Diploma in Classical Ballet**, Imperial Society of Teachers of Dancing
Laine Theatre Arts, Epsom, United Kingdom
- 2002 **Grade 10 Piano Performance, Harmony, Counterpoint and History**
Royal Conservatory of Music, Toronto, Canada

Advocating, Broadening and Continuing dance culture through literacy